## **Useful Get Well Care Package Ideas**



Whether your company has a small or large budget, you can also send along a little care package, gift, or gift cards to your employee who is unwell. It will brighten their day and lift their spirits.

## Useful gift ideas include:

- · Fresh flowers
- · Tea sampler kit
- · Adult coloring books
- · Fun masks (like <u>The Office masks</u>)
- · Sleep mask and earplugs
- · Box of wellness health shots
- · Gift card for grocery delivery
- · Meal delivery service gift card
- · Digital movie subscription
- · Cleaning service to sanitize the house after illness
- · A gift card to their favorite local restaurant (make sure there's delivery)

If you're putting the box together in the office, ask team members if they'd like to contribute, too. Team members can purchase items like cough drops, local honey, tissues, handwritten positive thinking quotes, a microwavable neck wrap, a bottle of acetaminophen, a new reusable water bottle, etc. Help everyone feel included by allowing them to sign a group card and add little folded up notes in the box for the recipient to find.