

The 5 Ws of the 2020 Flu Season

Flu season starts in October and peaks in December through February. Since it can last through May, it's important to know what to expect, who may be the most impacted, and why the flu shot can keep communities safer this flu season. Here's the Who, What, When, Where, and Why to know.



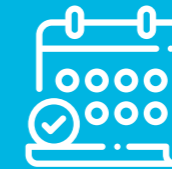
Who Needs a Flu Shot?

The Centers for Disease Control and Prevention (CDC) recommends anyone six months and older gets a flu shot every season.



What's the Difference Between the Flu and COVID-19?

While symptoms may be similar — like a sore throat and cough — the biggest difference many notice includes change in or loss of taste or smell when it comes to COVID-19 symptoms.



When Do I Need a Flu Shot?

September and October are the best times to get vaccinated. As long as the flu viruses are circulating, receiving a vaccine at any point in the season can help prevent the flu.



Where Can I Get a Flu Shot?

You can get a flu shot from a variety of healthcare facilities, including physicians' offices, pharmacies, workplace programs, and walk-in flu shot clinics.



Why Do I Need One Again This Year?

As the strains of the virus changes year to year, scientists adapt the vaccine to closely match the current viruses circulating. Plus, immunity wears off over time.