During 2018, TotalWellness processed over 109,000 biometric screening results from employees across the country. Here is a snapshot of the results:

- **80%** Have Normal Blood Sugar Levels
- **43%** Have Normal Blood Pressure
- **26%** Have Normal Body Mass Index
- **61%** Have Normal Waist Circumference
- **67%** Have Normal Total Cholesterol
- **32%** Have Optimal HDL Cholesterol
- **40%** Have Optimal LDL Cholesterol
- **77%** Have Normal Triglycerides