

Biometric Screenings

from the comfort of your home.

A home test kit allows your employees to take part in biometric screenings from the comfort of their own homes. Each kit is essentially a complete mail-in lab test. Your employees receive the kit, prick their finger, and simply send it back to the lab for testing.

When an employee signs up to do their screening via home kit, they'll receive a kit in the mail. Then, four easy steps later, the process is done!

1. Collect the sample (fingerstick)
2. Mail the sample
3. The sample is tested
4. Results are available

Our home kits are sent, tested and managed by a company called Home Access Health, who happens to be a leader in the at-home lab testing field. They allow us to ensure accurate, easy and convenient testing by eliminating the role of a middle man.

The kit is mailed to your employees directly from Home Access. In turn, your employees mail their samples directly back to the lab. This simple, seamless process is designed to eliminate the possibility for avoidable errors.



Home Test Kits in Action

One of our larger clients uses our home kit option in a really incredible way. With approximately 41,000 employees working in a variety of locations and during multiple shifts, this client has taken full advantage of all the screening options we offer.

They recognize that their employees are willing to participate in a health screening, but they need a little flexibility as to what type of screening that is. To accommodate them, the client offers onsite biometric screenings, primary care physician screening forms, and home test kits. Last year their utilization was spread pretty evenly across the board.

- 5,790 On-Site Screenings
- 5,052 Home Kits
- 4,470 PCP Forms

These screening options are evenly utilized at this client for a few different reasons. First, a screening is a requirement for both the employee and his or her spouse in order to earn the wellness incentive. Second, many employees work outside of a typical office setting and jobsites can change. Finally, the client recognizes that to maximize participation, the process needs to be as easy as possible.

Why choose home test kits?

It's important to offer a biometric screening option as part of your wellness program. This type of health screening allows a chance for your employees to learn what's really going on in their bodies. It's also a great environment to ask questions and learn more about building a healthier lifestyle.

For your company, a screening option is necessary to measure progress. Taking a look at the aggregate results from health screenings gives you a focused look at health problem areas. Comparing that information year-to-year can provide insight into what wellness activities are working, and even what business functions might be taking a toll on employee health.

A home kit is an excellent biometric screening option because it allows you to extend your screening to all employees, including those who work outside of your office.

Perhaps you have multiple branches in different locations. Or spouses and dependents might be a factor. Maybe you have a population of employees who work remotely. Or maybe you even have some employees with odd schedules who won't be at the office during your screening. Even if you can manage to schedule a biometric screening that everyone can attend, did they remember to fast?

Offering a screening that is completely in the hands of your employees allows them to tackle this wellness activity on their own time and according to their own schedules. It's a screening experience completely tailored to the individual. It's easy. But it's also inclusive, confidential and accurate.

The benefits of home test kits...

Easy: The kit uses a dried blood spot specimen that the employee collects at home.

Complete: Each lab-in-an-envelope kit contains all the items required to collect, prepare, and mail the dried blood specimen to the laboratory via US mail.

Convenient: Home test kits provide a convenient and cost-effective way for employees who are unable to attend an on-site screening clinic to obtain biometric health data.

Adaptable: Combining on-site health screenings and home test kits is one of the best ways to get high employee participation. You can offer home kits to all employees, or just to the employees who can't make it to the office. It's completely up to you!

Customizable: The home kit can be customized to your needs. While the supplies and process will maintain consistent with Home Access's policies, a letter can be included outlining any special instructions or reminders for your specific program.

Confidential: The sample and results of the kit are only passed between Home Access and the participant. There's little chance for information to be compromised.

Inclusive: Home test kits are an ideal way to engage remote employees or employees who have to miss the on-site screening event, as well as spouses and dependents.



Getting Started

with your home test kits.

To get started with home test kits as a biometric screening option in your employee wellness program, get in touch with your TotalWellness sales rep. They'll be able to explain to you exactly how home kits might integrate with what you already have planned.

They can also get you a price quote based on the size of your program and the number of employees you think might use home test kits as their biometric screening option.

If you don't yet have a sales team member working with you, go ahead and fill out an online form here. You can also grab our sales team's contact information right here. Let us know if you have any questions at all!

About TotalWellness

TotalWellness is a national corporate health and wellness services provider. No matter the size of your organization, we can offer customized services that will help you deliver better wellness programs to your employees.

Our services include biometric screenings, flu shot clinics and an online wellness portal. We offer these services with our network of over 6,000 qualified healthcare professionals. Which means we'll work with you to host your events when and where you need them.

Aside from our awesome network of health professionals, we're able to deliver better results because we simply use a better approach. It starts with our core belief that everyone—yes, everyone—is healthy. Every person has at least one healthy habit in their life. At TotalWellness, our goal is to help people identify those habits and show them ways to incorporate more of them into their daily routine.

We can bring our quality services into your workplace with little stress on your end. Our flexible delivery method gives your company plenty of options for your next screening or flu shot event. With TotalWellness, every little detail will be covered.

Ultimately, we want to help you help your employees live healthy, happy lifestyles. We provide a wellness experience worth talking about.



TotalWellnessHealth.com